



#SIMcard 2018

Plan Inspiration

Update

#1

SHORT BOOSTS

Five short boosts of inspiration for the High Holiday Season

Speakers: Danielle Kosofsky, Rabbi Levi Gourarie,
Rabbi Dovy Rapoport, Rabbi Aron Moss & Chaya Gourarie

Thursday Night - 30th August - 8:15 - 9:15 PM

Update

#2

THE MINDFUL MINYAN

Friday night service with meditation, mindfulness and song.
Followed by a Rosh Hashana themed "Mindful Meal."

Friday Night - 31st August - 6:00 PM

Price for meal: \$45 per person (\$30 for student)

To book: 9365 4421 office@bina.com.au

All programs are at BINA

For more info - (02) 9365 4421 office@bina.com.au

#Stimulation #Inspiration #Motivation



#SIMcard 2018

Plan Beis Medrash

Update

#1

WOMENS BEIS MEDRASH

For Women and Girls of all ages

Sunday - 2nd September - 6:15 - 7:15 PM

6:15 PM: Chavrusa Learning (Material Provided)

6:45 PM: Shiur on the topic of Teshuva with Mrs Dina Gourarie
Rosh Hashana craft for younger girls

Update

#2

MENS BEIS MEDRASH

Prepare for the Yomim Noroim with learning about Teshuva from the Gemoro, Rishonim, Poskim, Mussar & Chassidus

Tuesday Night - 4th September - 8:00 - 9:15 PM

8:00 PM - Chavrusa Learning (Material Provided)

8:40 PM - A choice of two Shiurim with Rabbi Chation or Rabbi Levi

All programs are at BINA

For more info - (02) 9365 4421 office@bina.com.au

#Stimulation #Inspiration #Motivation